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Osteopathic Treatment.

(From Osteopathic Health.)

[Published by direction of Dr. W. J. SMITH, Arcadia Valley Sanitarium, to whom application for further information may be made.]

HOW PHYSIOLOGY PROVES OSTEO-PATHY.

This wonderful "backbone" has much to do besides carry its own burdens. It is very much more than the "centro-pole" of the body. These vertebrae are hollowed out; this yielding, twisting, elastic pillar of bone, cartilage, ligament and muscle stands like a tall, narrow chimney; through it runs the very delicate and very intricate spinal cord with its appendages, the axis of the cerebro-spinal nervous system, the great vital highway over which flash back and forth between center and circumference all the million momentary messages of life—nutrition, sensation, motion, secretion, heat regulation and the automatic control and mutual adjustment of organs and systems and all local activities through every minute of existence. This nervous "trunk-line" is so fragile that it is suspended in a water-bed to avoid injury.

Between each two opposing vertebrae, at each "joint" of this spine, there passes out from this spinal cord, through little grooves between the bones, a pair of nerves—one at each side, close to where the head of the rib rests upon its vertebrae. With these nerves there pass also arteries to send nourishment into and veins to bring waste stuff—nerve sewage—

away from the nerve cells within the cord. These three pairs of delicate, thread-like structures, with their filaments, ramify and are interwoven among muscles, ligaments and bones in the most intricate arrangement.

MARVELOUS WORK OF THE CORD.

There is no waste room in this region—no hollow places; every structure accurately and exactly fills the space reserved for it. Think for a minute of the hum of molecular industry within the delicate spinal as there vibrates back and forth from department to department, from system to system, orders and responses for demand and supply of materials and forces in order that the whole complex organism may from moment to moment survive! Think of the stores of oxygen, albumen, sugar, fats and serum with its salts that are freighted momentarily up and down the great arterial pipe system for the support of controlling nerve centers and all vassal tissues! Think, too, of the broken-down waste products—the ashes, "must," dregs, shavings, garbage of nervous protoplasm, which, with equal care, must be swept away for excretion by way of the veins!

Highest market price paid for Country Produce. When others pay 12 1-2c per dozen for Eggs, we pay 15c, and when others pay 20c we pay you 25c. Remember, we buy Wool, Hides, Feathers, Roots, Butter, Eggs, and all farm products, and pay the highest market price.

E. L. BARNHOUSE.

REGISTER office for job work.

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Will endeavor to give satisfaction. Needles and Sewing-Machine parts furnished on order.

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From Rev. Stowell.

BATESVILLE, ARK., Jan. 24, 1910.
Dear Mr. Ake—It is with pleasure that I enclose the money for the extension of my subscription to the REGISTER through the year 1910.

This paper is interesting and valuable to us, not alone because of the information it brings about our friends, but also because of the thought-compelling editorials, the various contributed articles—such, for example, as the letters from "Lonest Cottage"—and the wisely made excerpts from other papers that aim to mould opinion. It is not that one invariably accepts all that he reads, but that he is given, in clear, forceful language, what others think on important social subjects.

In forwarding this check, however, I am reminded that the letter I was going to send you last January has not been written yet.

Perhaps a brief account of our present place of residence may be interesting even at this late date.

Batesville is situated in the hill country bordering the White River about thirty miles northwest of Newport, and is reached by the White River division of the Iron Mountain railroad. This line begins at Newport and terminates at Carthage, Mo.

If Batesville included within its corporate limits all the thickly populated territory that one would naturally assume to belong to it, it would have a population of five thousand or more.

The proportion of negroes to whites, is about one to seven. The town is prosperous and progressive but the scarcity of fuel prevents it from becoming a strong manufacturing center.

The town owns the electric light and water plant, and usually gives good service, but there have been numerous occasions when we have doubted the wisdom of having such utilities under such control.

The water tank rests on ground that is 138 feet above the river and is itself 100 feet high. The pressure, therefore, is great and we never have fear when a building goes on fire, for we know that as soon as the hose is turned on the building the fire is doomed. As a rule the fire is out before the pedestrian reaches the scene.

As the towns are few and far between in this section of the state Batesville, has a large territory tributary to it and trade is brisk.

There are two large exclusively wholesale grocery stores here and there are several other firms that have wholesale departments.

Socially and morally the tone of the town is high. The Presbyterians have a college here that has a good standing among institutions of its kind.

The Masons and Odd Fellows have their State Orphanages here. A Federal Court is maintained and the government building, which cost \$65,000, affords room for a splendidly equipped post-office.

Four religious bodies, the Methodists, Baptists, Episcopalians and Presbyterians, (named in accordance with their numerical strength) maintain weekly services and are in a flourishing condition.

The Roman church is just getting a start and there are a few disciples of Alexander Campbell.

As for ourselves—we have fared well. There may be malaria here, but it has not called on us, and chills, but we have not been shaken.

The scenery, is not up to that in Arcadia Valley, but there are many very attractive places about here.

It may be of some interest to some of the boys of Ironton, and especially to that mighty hunter, George Bishop, to learn that our faithful dog, Bob, died last week. He had established quite a reputation for himself, and was much in demand.

Arcadia Items.

In our last communication to the REGISTER we spoke of the high prices which we have to pay for nearly all of the necessities of life. The paragraph did not in any way have reference to our local merchants, for we do not believe that they are, in any sense of the term, responsible for the present state of things. Owing to the sharp competition to-day, merchants are selling on a closer margin than formerly. The trouble is not with our merchants, nor did we intend to convey that idea. There are, however, several apparent causes for the present condition of things, chief of which we might say, are the pure food law, the tariff, and the ever-increasing trusts, which are robbing the poor wage earner of his hard-earned dollar, and causing starvation in many localities all over the country to-day. Just what the remedy is, we shall not at this time attempt to suggest.

Several land buyers have been in town during the past two weeks, but so far as we know, no purchases have been made. Considering the quality of the land in this locality, the prices asked are entirely too high.

Monday night, about eleven o'clock, the dwelling house of James Austin, who lives a short distance south of town, was destroyed by fire. The fire is said to have originated from a defective

flue. It is reported that there was a small insurance on the building, but none on the furniture, much of which was destroyed by the fire. Mr. Austin is temporarily located in town, but we understand he will soon remove to his farm on Marble Creek.

R. C. Knight is kept very busy these days receiving and shipping ties. Good white oak ties find ready sale at forty-one cents, and they are coming in at the rate of about three hundred a day.

The writer spent Saturday and Sunday in the south end of the county. There are many good farms in that section of the country, and a more hospitable people he never found any where.

Mr. Whitworth is having gravel and sand put along the side walk in front of his yard, which will very materially help the condition of the walk.

Mrs. Collins has been confined to her room for several days. County Treasurer Jones was in town Friday.

Rev. B. F. Matthews, of Roselle, was in town Thursday.

Superintendent B. P. Burnham visited the public schools here Tuesday. He complimented the principal and pupils on the interest and effectiveness of their work, and such commendations from a man like Superintendent Burnham, certainly means something.

Edwin Eldracher has been confined to his room for several days. Fred Schach, of St. Louis, is visiting his mother.

J. H. Chilton, of Des Arc, was in town Saturday.

Edgar Fletcher was in Sabula Sunday.

If you want thoroughbred chickens, call or write the Thoroughbred Poultry Yard, importers and breeders. Banded Rocks and Light Brahmas Cockerels for sale. Eggs in season. R. C. Marks, Manager, Ironton, Mo.

Hogan Items.

Mr. Editor, here are a few items from our little burg.

We are glad to see the lumber business picking up and hope it will come to the front again.

Mr. Sam Shy has bought Hartford Collins' share in their saw mill. Mr. Shy now owns the mill alone, and we understand, has plenty of logs and is doing fine.

Wm. Bisch, of St. Louis, is visiting his brother, A. E. Bisch, of Hogan.

Superintendent Cannon and the trainmaster, spent a few hours in Hogan Saturday looking over the tracks.

Wm. Hefner and wife went to De Soto Thursday to attend the funeral of his sister-in-law.

Wm. Hughes is very busy these days, improving his farm.

Quite a few ties are coming in to Hogan. Also, several loads of hub timber.

A. E. Bisch has returned from New Mexico and will remain home for some weeks until he gets his mill running.

Mr. Jim Hourihan has started a store at his place on Tom Sauk, where he will do well and get a good trade.

They are putting in a new culvert near the section house, and also putting in a new pump at the tank.

A. E. Bisch has rented his saw mill to Rob. McLeod & Bro. They will be ready to saw by the last of week, and are wanting logs; boys, get busy.

MAUDE.

Try a sack of that Hen Feed at Barnhouse's.

20 Years With Heart Trouble

"Dr. Miles' Heart Remedy has cured me of heart disease of over 20 years' standing. I was so bad that I could not do my work, and could scarcely draw a full breath without fainting or smothering. The doctor told me he could do no more for me; then I commenced taking the Heart Remedy. I shall never forget that night. I slept better than I had before in months. I kept right on getting better, until I was perfectly well."

MRS. LAURA RUSSELL,

Logan, Iowa.

When the heart action is weak, it fails to pump the blood through the lungs with sufficient rapidity. Then the lungs do not absorb the proper amount of oxygen, although they may be taking in a normal amount of air. The result is shortness of breath, smothering spells, difficult breathing, oppressed feeling in chest. Dr. Miles' Heart Remedy strengthens the heart nerves and muscles, and in this way increases the circulation.

Get a bottle from your druggist. Take it according to directions, and if it does not benefit he will return your money.

Any one having any empty cases or bottles of ours will please telephone 115.

A. V. BOTTLING CO.



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OVERCOATS

Sweaters,
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Caps, Etc.

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3 1/2 " for Twelve Months.

Current Accounts, also, solicited.

WM. H. THOMSON, Cashier.

NOTICE OF FINAL SETTLEMENT.

Notice is hereby given that the undersigned, Public Administrator of the partnership estate of Mrs. Cora E. Hampton, and James H. Wheeler, deceased, will make Final Settlement of his accounts with said estate as such Administrator at the next term of the Probate Court of Iron County, Missouri, to be held at Ironton, in said county, on the 14th day of February, A. D. 1910.

O. W. ROOP, Public Administrator Partnership Estate.

FOR SALE—My property in Pilot Knob, consisting of six lots, with a six-room house and out-buildings. Good cement cellar and well of fine water. Also, furniture, carpets and house-furnishings. Will sell all for \$1,000 cash. Also, twelve acres of land adjoining the Schwab farm, west of town, \$800.

ROSALIE MEDDE.

Any farmer who wants a good, all-purpose horse should go and see the stallion and his colts at Dr. W. J. Smith's stables at the Sanitarium.

PROBATE DOCKET

Term Docket of the Probate Court, Iron County, Mo.—February Term, A. D. 1910.

Monday, February 14th.

Matters continued from last term and demands tried against estates.

Arthur Hall, administrator of the will annexed, of the estate of Harriet H. Emerson, deceased.

A. J. Palmer, administrator of the estate of David H. Palmer, deceased. Final.

Walter Rubie, administrator of the estate of Kizzie Rubie, deceased. Final.

Walter Rubie, administrator of the partnership estate of Daniel Lewis and Kizzie Rubie, deceased. Final.

Tuesday, February 15th.

Henry Mallon, curator of the estate of Henry Weber, a minor.

Henry Mallon, curator of the estate of Annie Weber, a minor.

W. T. Gay, guardian of the person and curator of the estate of George S. Gilman, a minor.

Albert Radford, guardian of the person and curator of the estate of Maude E. Radford, a minor.

Wednesday, February 16th.

O. W. Roop, public administrator of the estate of James H. Wheeler, deceased. Final.

O. W. Roop, Public Administrator of the partnership estate of Mrs. Cora E. Hampton and James H. Wheeler, deceased. Final.

J. M. Hawkins, guardian of the person and curator of the estate of Roy Huplinghoff, a minor.

J. M. Hawkins, guardian of the person and curator of the estate of Bessie Huplinghoff, a minor.

Thursday, February 17th.

Ami Dean, administrator of the estate of Jane Dean, deceased; report of sale of real estate and first annual settlement.

Willie G. Miles, curator of the estate of George Warden Miles, a minor. First annual settlement.